

Programme 2023 - 2024

**Programme for Exploring your Spiritual Journey
in the Diocesan Office, Flourish House, Cathedral Park Wells, BA5 1FD,
usually alternate Fridays 10.00 – 3.30**

(Note: Sessions may need to be rearranged during the year to accommodate speakers)

Team: Victor Barley, Vivienne Bolton and Phil Hodgson

Term 1 (2023) Foundations and Roots

Date & Venue	Subject
8 September Flourish House	Prayer and Spirituality I: Introduction to Course.
22 September <i>Flourish House or Bishop's Palace</i>	Prayer and Spirituality II: Quiet Day.
6 October Flourish House	Prayer and Spirituality III: Images of Self, Images of God.
20 October Flourish House	Christian Prayer Roots I: Old Testament Spirituality, New Testament Spirituality.
27 October Flourish House	Christian Prayer Roots II: Desert Fathers and Mothers.
1 December Flourish House	The Disciplined Life I: Benedictine Spirituality.
8 December Flourish House	Christian Prayer Roots III: Incarnation.

Term 2 (2024) Ways of Prayer for Differing Personalities

Date & Venue	Subject
5 January Flourish House	The Disciplined Life II: Evangelical Spirituality.
12 January Flourish House	Prayer and Creation I: Franciscan Spirituality.
19 January Flourish House	Introduction to the Enneagram.
Fri 2 February 10.00 – 6.00 Sat 3 February 9.30 – 4.30pm Flourish House	Prayer and Self I: The Enneagram.
23 February Flourish House	Prayer and Creation II: Celtic Spirituality.
1 March Flourish House	Prayer and Self II: Ware Spirituality Circle, Prayer and Personality.
8 March Flourish House	Prayer and Self III: Thomas Merton, Richard Rohr.
22 March Flourish House	Contemplative Spirituality I: Carmelite Spirituality.



Term 3 (2024) Creative Spirituality

Date & Venue	Subject
19 April Flourish House	Contemplative Spirituality II: Mother Julian of Norwich.
26 April Flourish House	Contemplative Spirituality III: Icons.
10 May Flourish House	Imaginative Spirituality I: Ignatius of Loyola.
24 May Flourish House	Imaginative Spirituality II: Spirituality in film, art, music.
7 June Flourish House	Prayer and Daily Life I: The Way of the Marketplace.
21 June Flourish House	Prayer and Daily Life II: Contemporary spirituality.
5 July Flourish House	Prayer and Daily Life III: Bread for the journey.
18 – 19 July (2 days and one night) Penny Brohn National Centre Pill	Retreat: Vocation, Silence, Affirmation of rhythm of life, Spirituality & Creativity.

