

# Programme 2025

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**Programme for Exploring your Spiritual Journey  
In the Diocesan Office, Flourish House, Cathedral Park Wells, BA5 1FD,  
usually alternate Fridays 10.00 – 3.30**

(Please Note: Sessions may occasionally need to be rearranged during the year to accommodate speakers)

**Team: Victor Barley, Vivienne Bolton and Phil Hodgson**

## Term 1 Foundations and Roots

| Date & Venue  | Subject   |
|---|---|
| <b>10 January</b><br>Flourish House   | <b>Prayer and Spirituality I:</b> Introduction to Course.                               |
| <b>17 January</b><br>Flourish House   | <b>Quiet Day</b><br>Meditation, reflection, and prayer                                  |
| <b>31 January</b><br>Flourish House   | <b>Prayer and Spirituality II:</b> Images of Self, Images of God                        |
| <b>7 February</b><br>Flourish House   | <b>Introduction to the Enneagram</b>  |
| <b>Fri 14 February</b><br>10.00 – 6.00<br><b>Sat 15 February</b> 9.30 –<br>4.30pm | <b>Prayer and Self I:</b> Enneagram   |
| <b>28 February</b><br>Flourish House  | <b>Prayer and Self II:</b> Ware Spirituality Circle, Prayer and Personality             |
| <b>14 March</b><br>Flourish House   | <b>Christian Prayer Roots I:</b> Old Testament Spirituality, New Testament Spirituality |
| <b>28 March</b><br>Flourish House   | <b>Christian Prayer Roots II:</b> Desert Fathers and Mothers                            |

## Term 2 (2025) Ways of Prayer for Differing Personalities

| Date & Venue                                 | Subject   |
|--|---|
| <b>25 April</b><br>Flourish House            | <b>The Disciplined Life I:</b> Benedictine Spirituality         |
| <b>9<sup>th</sup> May</b><br>Flourish House  | <b>The Disciplined Life II:</b> Evangelical Spirituality        |
| <b>16<sup>th</sup> May</b><br>Flourish House | <b>Prayer and Creation I:</b> Franciscan Spirituality.          |
| <b>6 June</b><br>Flourish House              | <b>Prayer and Creation II:</b> Celtic Spirituality              |
| <b>13 June</b><br>Flourish House             | <b>Prayer and Self III:</b> Thomas Merton, Richard Rohr.        |
| <b>27 June</b><br>Flourish House             | <b>Contemplative Spirituality I:</b> Carmelite Spirituality     |
| <b>4 July</b><br>Flourish House              | <b>Contemplative Spirituality II:</b> Mother Julian of Norwich. |
| <b>18 July</b><br>Flourish House             | <b>Contemplative Spirituality III:</b> Icons                    |
| <b>1 August</b><br>Flourish House            | <b>Imaginative Spirituality I:</b> Ignatius of Loyola           |

## Term 3 (2025) Creative Spirituality

| Date Rooms   | Subject   |
|--|---|
| <b>5 September</b><br>Flourish House   | <b>Imaginative Spirituality II:</b> Spirituality in film, art, music.                       |
| <b>26 September</b><br>Flourish House  | <b>Prayer and Daily Life I:</b> The Way of the Marketplace.                                 |
| <b>3 October</b><br>Flourish House   | <b>Prayer and Daily Life II:</b> Contemporary spirituality.                                 |
| <b>17 October</b><br>Flourish House  | <b>Prayer and Daily Life III:</b> Bread for the journey.                                    |
| <b>20 – 21 October</b><br><b>Monday/Tuesday</b><br>(2 days and one night)<br>Penny Brohn National Centre<br>Pill | <b>Retreat:</b> Vocation, Silence, Affirmation of rhythm of life, Spirituality & Creativity |