

Programme 2025

**Programme for Exploring your Spiritual Journey
In the Diocesan Office, Flourish House, Cathedral Park Wells, BA5 1FD,
usually alternate Fridays 10.00 – 3.30**

(Please Note: Sessions may occasionally need to be rearranged during the year to accommodate speakers)

Team: Victor Barley, Vivienne Bolton and Phil Hodgson

Term 1: Foundations and Roots

Date and Venue	Subject
10 January Flourish House	Prayer and Spirituality I: Introduction to Course.
24 January Flourish House	Prayer and Spirituality II: Images of Self, Images of God
7 February Flourish House	Introduction to the Enneagram
Fri 14 February 10.00am-6.00pm and Sat 15 February 9.30am-4.30pm	Prayer and Self I: Enneagram
28 February Flourish House	Prayer and Self II: Ware Spirituality Circle, Prayer and Personality
14 March Flourish House	Christian Prayer Roots I: Old Testament Spirituality, New Testament Spirituality
28 March Flourish House	Christian Prayer Roots II: Desert Fathers and Mothers

Term 2 (2025): Ways of Prayer for Differing Personalities

Date and Venue	Subject
25 April Flourish House	The Disciplined Life I: Benedictine Spirituality
9th May Flourish House	The Disciplined Life II: Evangelical Spirituality
16th May Flourish House	Prayer and Creation I: Franciscan Spirituality.
6 June Flourish House	Prayer and Creation II: Celtic Spirituality
13 June Flourish House	Prayer and Self III: Thomas Merton, Richard Rohr.
27 June Flourish House	Contemplative Spirituality I: Carmelite Spirituality
4 July Flourish House	Contemplative Spirituality II: Mother Julian of Norwich.
18 July Flourish House	Contemplative Spirituality III: Icons
1 August Flourish House	Imaginative Spirituality I: Ignatius of Loyola

Term 3 (2025): Creative Spirituality

Date and Venue	Subject
5 September Flourish House	Imaginative Spirituality II: Spirituality in film, art, music.
26 September Flourish House	Prayer and Daily Life I: The Way of the Marketplace.
3 October Flourish House	Prayer and Daily Life II: Contemporary spirituality.
17 October Flourish House	Prayer and Daily Life III: Bread for the journey.
20 – 21 October Monday/Tuesday (2 days and one night) Penny Brohn National Centre Pill	Retreat: Vocation, Silence, Affirmation of rhythm of life, Spirituality & Creativity