

## **Exploring Chaplaincy**

Session 1: Values and Ethos of Chaplaincy Distinctive and Inclusive Christian Presence: Exploring the distinctive charisms of chaplaincy and their theological foundations.

**Session 2: At the well**: Reflecting on Jesus and the woman at the well, and exploring the wells at which chaplains can meet people.

**Session 3: Listening:** Re-visiting good listening skills, founded on grace.

**Session 4: Mental Health First Aid:** Using material from Mental Health First Aid UK to inform our response to crises.

**Session 5: Praying:** Reflecting on prayers, pastoral and public.

**Session 6: Re-thinking resilience:** Reflecting on Paul's letter, 2 Corinthians

Session 7: Reflective Practice and Peer Supervision: Modelling reflective practice.

Session 8: Any questions... next steps.

## **Chaplaincy Visit and Meeting:**

An individual visit to a chaplaincy can be arranged. We also offer one to one conversation to explore vocation and next steps.

If you have any questions about Exploring Chaplaincy, please contact either Nicki Bradford (nicki.bradford@hotmail.com) or Richard Kelley (richard.kelley@bathwells.anglican.org)

