**A picture containing drawing

Description automatically generated**

**On the pages below you will find some finger labyrinths. You could print off these or look at the on the screen. Trace the shape with your finger, like a maze, till you find the centre and while you do that, reflect on your time at Primary school, and important things that happened to you during that time. You may like to add some illustrations around the outside of times that were particularly special to you. This is best done in a mindful manner, slowly or with music.**



