

# Programme 2024- 2025

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**Programme for Exploring your Spiritual Journey  
In the Diocesan Office, Flourish House, Cathedral Park Wells, BA5 1FD,  
usually alternate Fridays 10.00 – 3.30**

(Note: Sessions may need to be rearranged during the year to accommodate speakers)

**Team: Victor Barley, Vivienne Bolton and Phil Hodgson**

## Term 1 (2024) Foundations and Roots

Date & Venue	Subject
<b>13 September</b> Flourish House	<b>Prayer and Spirituality I:</b> Introduction to Course.
<b>20 September</b> Wells Museum	<b>Prayer and Spirituality II:</b> Quiet Day
<b>4 October</b> Flourish House	<b>Prayer and Spirituality III:</b> Images of Self, Images of God
<b>11 October</b> Flourish House	<b>Christian Prayer Roots I:</b> Old Testament Spirituality, New Testament Spirituality
<b>18 October</b> Flourish House	<b>Christian Prayer Roots II:</b> Desert Fathers and Mothers
<b>15 November</b> Flourish House	<b>The Disciplined Life I:</b> Benedictine Spirituality
<b>29 November</b> Flourish House	<b>The Disciplined Life II:</b> Evangelical Spirituality
<b>6 December</b> Flourish House	<b>Christian Prayer Roots III:</b> Incarnation.

## Term 2 (2025) Ways of Prayer for Differing Personalities

Date & Venue	Subject
<b>10 January</b> Flourish House	<b>Prayer and Creation I:</b> Franciscan Spirituality.
<b>24 January</b> Flourish House	<b>Prayer and Creation II:</b> Celtic Spirituality
<b>7 February</b> Flourish House	<b>Introduction to the Enneagram</b>
<b>Fri 14 February</b> 10.00 – 6.00 <b>Sat 15 February</b> 9.30 – 4.30pm Flourish House	<b>Prayer and Self I:</b> Enneagram
<b>28 February</b> Flourish House	<b>Prayer and Self II:</b> Ware Spirituality Circle, Prayer and Personality
<b>14 March</b> Flourish House	<b>Prayer and Self III:</b> Thomas Merton, Richard Rohr.
<b>28 March</b> Flourish House	<b>Contemplative Spirituality I:</b> Carmelite Spirituality

## Term 3 (2025) Creative Spirituality

Date Rooms	Subject
<b>25 April</b> Flourish House	<b>Contemplative Spirituality II:</b> Mother Julian of Norwich.
<b>9 May</b> Flourish House	<b>Contemplative Spirituality III:</b> Icons
<b>16 May</b> Flourish House	<b>Imaginative Spirituality I:</b> Ignatius of Loyola
<b>6 June</b> Flourish House	<b>Imaginative Spirituality II:</b> Spirituality in film, art, music.
<b>13 June</b> Flourish House	<b>Prayer and Daily Life I:</b> The Way of the Marketplace.
<b>27 June</b> Flourish House	<b>Prayer and Daily Life II:</b> Contemporary spirituality.
<b>4 July</b> Flourish House	<b>Prayer and Daily Life III:</b> Bread for the journey.
<b>9 – 10 July</b> <b>Wednesday/Thursday</b> (2 days and one night) Penny Brohn National Centre Pill	<b>Retreat:</b> Vocation, Silence, Affirmation of rhythm of life, Spirituality & Creativity

