**Safeguarding: Helpful information/resources and websites**

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| Parish Safeguarding Handbook |  | A                 close up of a logo Description automatically generated |
| [Layout 1 (churchofengland.org)](https://www.churchofengland.org/sites/default/files/2019-10/ParishSafeGuardingHandBookAugust2019Web.pdf) | [Policy and practice guidance | The Church of England](https://www.churchofengland.org/safeguarding/policy-and-practice-guidance) | [Templates and resources | The Church of England](https://www.churchofengland.org/safeguarding/policy-and-practice-guidance/templates-and-resources) | [Safeguarding - Bath and Wells Diocese](https://www.bathandwells.org.uk/safeguarding) |
| **Parish Safeguarding Handbook** | **CofE Safeguarding Policies** | **CofE Templates and Resources** | **Bath & Wells Safeguarding Support** |

**SUPPORTING CHILDREN**

* **NSPCC** (national Society for the prevention of cruelty to children)for adults concerned about a child – **0808 800 5000** [www.nspcc.org.uk](http://www.nspcc.org.uk)
* **Childline** for children and young people – **0800 1111**
* **Stop It Now** (child safeguarding organization) helps prevent child sexual abuse – **0808 1000 900**
* **Barnardos** [www.barnardos.org.uk](http://www.barnardos.org.uk) (child protection charity)
* **CEOP** (child exploitation and online protection command) [www.ceop.police.uk](http://www.ceop.police.uk)

**SUPPORTING MEN AND WOMEN**

* **WomensAid** (Female domestic abuse charity) [www.womensaid.org.uk](http://www.womensaid.org.uk)
* **ManKind Initiative** (Male domestic abuse charity) - 01823 334244 [www.mankind.org.uk](http://www.mankind.org.uk)
* **Men’s Advice Line**: **0808 801 0327**  [www.mankkind.org.uk](http://www.mankkind.org.uk)
* **24-hour National Domestic Violence** helpline – **0808 2000 247** [www.nationaldahelpline.org.uk](http://www.nationaldahelpline.org.uk)
* **NAPAC** (National Association for People Abused in Childhood) offers support and advice to adult survivors of childhood abuse – **0808 801 0331** [www.napac.org.uk](http://www.napac.org.uk)
* **Restored** (Christian domestic abuse charity for women) [www.restoredrelationships.org](http://www.restoredrelationships.org)
* **Clewer Initiative** (supporting victims of modern slavery) [www.theclewerinitiative.org](http://www.theclewerinitiative.org)
* **Reporting modern slavery** – helpline **0800 0121 700** [www.modernslavery.co.uk](http://www.modernslavery.co.uk)
* **Suzy Lamplugh Trust** - a national helpline **0808 802 0300** providing advice for victims who have been affected by harassment or stalking <https://www.suzylamplugh.org/>

**SUPPORTING SURVIVORS OF SEXUAL ABUSE**

* **The Survivors Trust** – **0808 801 0818** (Mon-Wed 10-7.30pm, Thu 10-6pm, Fri 10-2pm) <http://thesurvivorstrust.org>
* **Safeline** – support for those affected by or at risk of sexual violence **01926 402498** <https://safeline.org.uk>
* **SupportLine** – support for those who are isolated, at risk, vulnerable and victims of any form of abuse, helpline **01708 765200** [www.supportline.org.uk](http://www.supportline.org.uk)
* **Victim Support** – for those suffering from childhood abuse, **0808 168 9111; (Avon & Somerset 0300 303 1972** Lines open 9.30am-5.30pm Mon, Wed and Fri, and 11am-7pm on Tue and Thu) [www.victimsupport.org.uk/crime-info/types-crime/childhood-abuse](http://www.victimsupport.org.uk/crime-info/types-crime/childhood-abuse)
* **National Rape Crisis Helpline**:**0808 802 9999** (every day 12-2.30pm and 7-9.30pm)
* **MACSAS** (Minister and Clergy Sexual Abuse Survivors) for people who have been abused by church officers – **0808 801 0340** [www.macsas.org.uk](http://www.macsas.org.uk)
* **Safe Spaces** – supporting survivors of church related sexual violence - **0300 303 1056**

[Safe Spaces - Victim Support](https://www.victimsupport.org.uk/more-us/why-choose-us/specialist-services/safe-spaces/#:~:text=Safe%20Spaces%20provides%20a%20confidential%2C%20personal%20and%20safe,new%20service%20provider%20in%20place%20from%20early%202023.) Live chat: [Live chat - Victim Support](https://www.victimsupport.org.uk/help-and-support/get-help/support-near-you/live-chat/) **(Mon, Tue, Wed, Fri, Sat: 10am-6pm** and **Thu: 12pm-8pm)**

**SUPPORTING THE ELDERLY**

* **Hourglass** (Action on Elder Abuse) helpline – **0808 808 8141** [www.elderabuse.org.uk](http://www.elderabuse.org.uk)
* **AgeUK** helpline 0800 678 1602 (8am-7pm daily) [www.ageuk.org.uk](http://www.ageuk.org.uk)

**OTHER SUPPORT**

* **Action Fraud** – 0300 123 2040 [www.actionfraud.police.uk/contact-us](http://www.actionfraud.police.uk/contact-us)
* **Cruse** bereavement helpline – **0808 808 1677**
* **Family Lives** provides support and advice on family issues – **0808 800 222**
* **SCIE** (Social Care Institute for Excellence) safeguarding adults at risk of abuse or neglect [**www.scie.org.uk**](http://www.scie.org.uk)
* **Carers Trust -** search with postcode to find local support services. NHS Carers Direct helpline **0300 123 1053**  <https://carers.org>
* **NACR** (National Association for Christian Recovery including spiritual abuse) [Spiritual Abuse (nacr.org)](https://www.nacr.org/nacr-institute/pastoral-care-and-abuse/spiritual-abuse)
* **GALOP - LGBT+ Domestic Abuse Helpline**: **0800 999 5428** <https://galop.org.uk>
* **Samaritans** - for people struggling to cope and needing someone to talk to – **116 123** (24 hours)<https://www.samaritans.org>
* **Mind** - (Somerset Mind line) **0800 138 1692** (freephone) **01823 276892** <https://www.mind.org.uk/information-support/local-minds/>
* **Rethink Mental Illness** - search with postcode to find local space for people suffering mental illness to talk about their experience and get peer support <https://www.rethink.org/help-in-your-area/groups-in-your-area/>
* **Mental Health Matters** - support services including helplines, therapy, advocacy and crisis support <https://www.mhm.org.uk/Pages/Category/find-a-service?Take=24>
* Text "**SHOUT**" to 85258 for free from all major UK mobile networks. You'll then be connected to a volunteer for an anonymous conversation by text message.

**URGENT SUPPORT**

For crisis Domestic Abuse situation

* **Call 999**
* If children are at risk, contact:
* Somerset Children’s Social Care on **0300 123 2224 or** childrens@somerset.gov.uk **OR**
* Bath & NE Somerset Council on **01225 396111** (weekdays); 01454 615165 (out of hours)

<https://bcssp.bathnes.gov.uk/form/report-a-concern>

For crisis Mental Health situation

* **Call 999**
* Go straight to [A&E](https://uat-admin.mind.org.uk/information-support/guides-to-support-and-services/crisis-services/accident-emergency-a-e/)
* Urgent mental health support <https://www.nhs.uk/mental-health/>

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